BUNDABERG SOUTH STATE SCHOOL

Sunsafe Policy

This school's Sun Protection Policy was developed in consultation with the whole school community (staff, students and parents) documenting the school's sun protection practices in the areas listed.
The policy is active all year round to ensure protection from the sun’s harmful effects.

The policy is reflected in the planning of all outdoor events and supports Sun Smart practices. For example – Physical Education, excursions, camps, sporting events and assemblies.

The policy and its implementation are reviewed at least every two years in consultation with the whole school community.

The policy aims to provide ongoing education that promotes personal responsibility for skin cancer prevention and early detection.

TEACHING AND LEARNING PROGRAMS

It is this school’s intention to ensure all children know about sun protection and skin cancer awareness. Australia has the highest rate of skin cancer in the world. Currently two out of three Australians develop some form of skin cancer in their lifetime.

Exposure to the sun’s ultraviolet radiation during childhood and adolescence is the major cause of skin cancer in later life.

Skin cancer is preventable. Sun protection during childhood and adolescence means life-long reduced risk.

UNIFORMS/CLOTHING

Students are required to wear sun protective hats (hats that protect their face, neck and ears) for all outdoor activities.

Staff are requested and encouraged to wear sun protective hats for all outdoor activities.

Parents are encouraged to wear sun protective hats when participating in and attending outdoor school activities.

School uniform items are sun protective (e.g. broad-brimmed bucket hats or legionnaire hats, shirts with collars and sleeves).

SUNSCREEN USE

Students and staff are actively encouraged to apply sunscreen regularly. (e.g. prior to school, before lunch, for PE lessons, sport and excursions).

Sunscreen with a Protective Factor of 30+ and water-resistant is available in all blocks and accessible by the whole school. Stocks are regularly upgraded to ensure maximum usage at all times.

SHADE AND SCHEDULING OF OUTDOOR ACTIVITIES

The school is working towards increasing and/or maintaining shade in its grounds, particularly in areas where students congregate (e.g. lunch, canteen and outdoor lesson areas).

Students and staff are actively encouraged to use shade.

Outdoor assemblies are either scheduled out of peak UV radiation times or held in an area where all students can be in the shade.

Outdoor activities, such as PE/sport, are conducted outside peak UV radiation times whenever possible or held in shaded areas.

REINFORCEMENT/PROMOTION OF SUN SAFE PROTECTION

The sun safe message is reinforced/promoted to the whole school community on a regular basis. (e.g. on enrolment of children, through newsletters, at school assemblies and at staff meetings).

Children are exempt from playing outside unless they are wearing their hats. This rule applies all year round.

No Hat No Play.