From the Chaplains
THE SEASONS OF LIFE
To everything there is a season,
A time for every purpose under heaven:
A time to be born, and a time to die,
A time to plant, and a time to pluck what is planted;
A time to kill, and a time to heal;
A time to break down, and a time to build up;
A time to weep, and a time to laugh;
A time to mourn, and a time to dance;
A time to cast away stones, and a time to gather stones;
A time to embrace, and a time to refrain from embracing;
A time to gain, and a time to lose;
A time to keep, and a time to throw away;
A time to tear, and a time to sew;
A time to keep silent, and a time to speak;
A time to love, and a time to hate;
A time of war, and a time of peace.
There is timing in God that we can know only as we get to know Him intimately. The seasons can batter us and cause us to lose our confidence. They can seem to strip us of all that we have achieved or done. They may produce some fruitfulness for a time but then the Autumn winds blow and we wonder what we have done wrong. NOTHING! The seasons test us to prove our faith. They test us to see what is really at the core of the tree. Can it withstand the shock of a winter, can it bring forth fruit, can it enjoy the summer and bear the heat, and are its roots down deep enough in the soil to draw up water when it is needed? What is its character really like? What potential lies hidden in this tree? God has given us the responsibility of being a living example of what it is to TRUST GOD.

Excerpt from Janine Mann’s book “Released from Shame” to be cont’d next week!
**Sport Reports for Friday 10th May**

Great sportsmanship and excellent behaviour are expected at all times.

**Year 7 Girls Netball** - South played Avoca in the first game. The score was 2 all. Jasmyne and Jordan were great in defence this week. The second game against Moore Park resulted in a draw.

**Year 4 girls Soccer** - Last Friday the year 4 girls played Gin Gin in their first game and won 3 nil. Hiedi, Reanan and Alysha all scored one goal each. It was a great game. In their second game the girls played Bargara and lost their first game for the season 1-3. Reanan scored the only goal for South. All girls played well.

**Yr 5 Girls Soccer** - Last Friday the year 5 girls played Bundaberg Christian College in their first game. Paige, Indi and Kiara each scored one goal to win the game for South 3-2. In their second game the girls played Thabeban. Taylor and Indi each scored a goal and Kiara scored 2 goals. It was a fantastic game with South winning 4-1. Well done girls.

**Boys Soccer** - The boys earned their first win of the season - Well done.

**Rugby League** - The mighty South Sharks defeated Walkervale 26-0 and remain undefeated for the season. Zac T. and Keiren again had great games, each scoring tries. Joseph was a wrecking machine in attack carrying defenders on his back. Liam made two field length runs to score tries. Zac A. again played brilliantly. Josh and Tyler had strong games. Harley was awesome in attack weaving through defenders. Well played boys!

**Mini Mod** - South Hammerheads were a few players short but played with great spirit. We were able to draw our games with East and West. Some great runs from Pacey and Karlee and some excellent defence from Beau. Well done everyone.

South Cookie Cutters were in great form again last week, winning two of their three games. Some great defence from Zack and Frankie was matched with awesome running by Fono and Clifford. Great game everyone.

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**COMMUNITY NOTICES**

Free Flood Recovery Parenting Support for Families

Helping your child/teen after the flood

Please join us for a special parenting seminar with information and practical suggestions to help you understand and cope with children's post-flood emotions and behaviours.

This seminar has been created for all parents and was developed by a Triple P Solutions Specialist.

**After the floods and tornadoes: How to help your children and family** will be held at:

**Bundaberg Civic Centre, Supper Room**

190 Bourbong St, Bundaberg

**Wednesday 15 May from 1.00pm – 2.30pm**

The seminar will offer parents insights into:

- What you can expect from your child/teen after the flood
- Common triggers for distress
- Why some children are more affected than others
- Parent Traps
- How to manage children’s emotions
- Answering children’s questions
- What happens next?

You may be thinking - **It's 4 months after the flood... Why should I come?**

1. We don’t know what’s happening in our children’s head. They may look fine, but inside they could be struggling.
2. The seminar content is relevant to any significant event – the death of a grandparent or pet; a motor vehicle accident; even a playground injury.
3. The seminar will help you prepare for the next storm season when troubles might appear.
4. It's FREE!

**CHILD & FAMILY FUN DAY**

**Presented by Bundaberg Child & Family Program**

**Friday 17 May 2013**

Bundaberg PCYC

9am – 12 noon

**FREE**

Old McDonald’s Farm, Sausage Sizzle, Activities, Information for Parents, Prizes, Entertainment, Emergency Service Vehicles

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All parents are strongly recommended to attend.

The session will be presented by Vanessa Cobham, Deputy Chair of the Child and Adolescent Mental Health Disaster Response. **Please RSVP to Education QLD, Bundaberg Office on 41540329.**