It is easy to become critical of the ones you spend most of your time with—your family members. If you are spending too much time concentrating only on people's faults, that is when family unity can break down. If you want to have good family relationships or a good marriage you have to accept the fact that these don't just happen by accident, they need effort and commitment.

So the next time you find yourself being critical about someone in your household, instead of gossiping about them, allow yourself to be motivated by love and spend time mentally listing their good points, the things you like most about them. Yes, there are times when differences of opinion need to be talked through but don't do this while you are angry, wait till you've all calmed down and discuss things quietly.

In the Bible, in Galatians Chapter 5, verse 15 we're warned "if you keep biting and devouring each other, watch out or you will be destroyed by each other." and in John Chapter 13, verse 34 Jesus instructs us "As I have loved you so you must love one another." (NIV Bible).

Remember - unity amongst your family members has a great effect on your happiness so do your part in protecting that unity.
P & C NOTICES

Tuckshop Roster
Friday 22 Nov – M Harrold, D Courtney
Friday 29 Nov – M Harrold, R Gillard

Parents please remember to talk to your classroom teacher or the Office if you have any school issues (classroom or playground) involving children other than your own.

STUDENT TRANSFERS
Students intending to transfer to another Queensland school or interstate, please advise the School Office as soon as possible so that all necessary transfer information can be arranged.

LIBRARY NEWS
A reminder that all Library books must be returned to School by this Friday 22 November. There will be NO BORROWING from the School Library after this date.

ADOPT A COP – Constable Carol Wilcox
This week we welcomed “Constable Carol” Wilcox from Bundaberg Police as our Adopt a Cop for our School. Acting Inspector Joe Hildred also attended the service.

COMMUNITY NEWS

AUSTRALIAN RED CROSS
Turn your phone into a lifesaver
The Australian Red Cross has released a FREE first aid app for smartphone users. The app guides users through the correct response for many incidents including heart attacks, strokes, diabetic episodes along with the more common burns, sprains and strains.

The app is easy to use and features vital life-saving information, videos and quizzes to test your first-aid knowledge on correct treatments for children and adults. Learning the skills to save a life through first aid training is one thing, but remembering what to do when under pressure is where the app can help most. This new Smartphone app is available from www.redcross.org.au/first-aid-app.aspx or the Google Play and Apple app stores.

LITTLE RAY OF GIVING
From the first of December you can contribute to the less fortunate families in our community by wrapping up a child’s gift and popping the gift under the tree in Ray White Real Estate’s office located at 236 Bourbong Street Bundaberg. They have placed a Christmas tree in their front window to collect gifts for children who will be doing it tough this festive season in the local area. All you need to do is purchase a small gift, wrap it and drop it under the tree.

Tell the Ray White team if the gift is for a boy or girl and their age and your gift will be delivered, thanks to the Rotary Club of Bundaberg East & Bundaberg Sunrise.

The gift drive for a Little Ray of Giving will start December 1.

DNA AQUATICS
Kepnock State High School Pool
Gate 3, Baird Street
HOLIDAY INTENSIVE BLOCK SWIMMING LESSONS
BLOCK 1. 16th–20th Dec BLOCK 2. 6th–10th Jan
BLOCK 3. 13th–17th Jan BLOCK 4. 20th–24th Jan
Full 30 minute lessons per block at the same time each day for only $40
HURRY LIMITED PLACES For more information and to book contact:
dna.aquatics@hotmail.com https://www.facebook.com/DNAquatic
Donna Keech 0466 034 503

What a wonderful circus! Congratulations to all our performers. A special thank-you to the P&C for the sausage sizzle.
Watch out for photographs in next week’s Newsletter.

Bundaberg’s Centenary Celebrations
FREE FAMILY MOVIE AT THE MONCRIEFF “RED DOG”
Saturday 23 November 5.30pm